

Medical Scenarios of Wearable Technology for Sleep Disorders

Global Policy and Regulation Committee, ISSTA

(www.isstasleep.org)

1, Pre-screening+LLM (large language model) for educational purposes at home

2, Wearable HST for screening and partially diagnosis of sleep disorders for Family Doctors

3, Wearables for following-up the Sleep Disorders Treatment for Sleep specialists

4, Long-term following up by Family Doctors, and also monitoring by user's family.